

**EXECUTIVE DEPARTMENT
STATE OF CALIFORNIA**

EXECUTIVE ORDER W-119-95

WHEREAS, a healthier State work force contributes to a quality work product, improved morale, increased productivity, reduced absenteeism, lower health care and worker's compensation costs (for example, General Electric reduced health care costs for members of its fitness program by 38 percent in an 18-month period and DuPont reduced absenteeism by 4.5 percent over six years and saved \$6.2 million in health care costs in the first three years of its program); and

WHEREAS, the physical and emotional well-being of the State work force can be improved through worksite promotion in areas such as preventative medicine, exercise, diet, stress management, accident prevention, smoking cessation, drug and alcohol avoidance; and

WHEREAS, establishing a State government work site health promotion program is on the goals of the Healthy People 2000 project of the Department of Health Services and the Governor's Council on Physical Fitness and Sports;

NOW, THEREFORE, I, PETE WILSON, Governor of the State of California, by virtue of the power and authority vested in me by the Constitution and statutes of the State of California, do hereby issue this order to become effective immediately:

1. The Department of Personnel Administration (DPA) will take the leadership in the development and implementation of a comprehensive statewide Work Site Health Promotion and Illness Prevention Program. DPA will lead a labor/management steering committee which will include representatives of the Departments of Health Services, Finance, General Services, Governor's Council on Physical Fitness and Sports, the Public Employees' Retirement System, the State Compensation Insurance Fund, and the California Wellness Information Network.
2. DPA, in conjunction with the steering committee, shall develop and coordinate a core program and serve as the central clearinghouse of health and fitness promotion and illness prevention information statewide. The scope of this program shall include, but not be limited to, employee awareness campaigns, health risk appraisals, blood pressure and cholesterol screenings, illness and injury prevention training programs, exercise programs and special communication/education activities related to smoking, alcohol, and drug abuse.
3. The Steering Committee's initial work shall be focused on assessing all current health promotion efforts of State departments, health benefit carriers, health advocacy and other community organizations in order to develop a program which takes advantage of and redirects existing resources. The Steering Committee will also pursue grants and other sources of funding for the program.

4. Each State department shall dedicate resources to coordinate their participation in the Work Site Health Promotion program or arrange to cooperate with other departments in their agency or their geographic proximity for program coordination.

IN WITNESS WHEREOF I have hereunto set

my hand and caused the Great Seal of the
State of California to be affixed this 4th of
April 1995.

Pete Wilson
Governor of California

Bill Jones
Secretary of State