Financial concerns can create stress and worry, particularly for employees who are unsure of where to turn. The Employee Assistance Program (EAP) offers financial consulting services to assist employees and eligible family members with a wide spectrum of financial topics.

EAP offers online tools, resources, and up to a 60-minute telephone consultation with a financial counselor for issues such as budgeting, debt consolidation, loans, mortgage assistance, retirement, saving for college, IRS matters, and other financial concerns. Financial consultants have extensive experience advising individuals on how to take control of their finances and plan for the future.

Financial tools and calculators help with:
- Refinancing.
- Loan consolidation.
- Time frames for debt elimination.
- Optimal savings plans for college, retirement, and more.

In addition to telephonic and in-person consultations, employees may access tools and resources online through the EAP website. Tools and resources include:
- Articles and guides covering a wide variety of financial topics.
- Online calculators and estimator tools.
- Frequently asked financial questions answered by professional financial experts.
- Financial forms and resources based on specific topics.

Financial topics include:
- Budget planning
- Debt and credit
- Retirement planning
- Taxes and audits
- Loan and mortgage assistance

1-866-EAP-4SOC (1-866-327-4762)
TTY USERS SHOULD CALL: 1-800-424-6117
www.eap.calhr.ca.gov
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